

WKTUAL MOHESTEADING APPRENTICESIIP

A SELF-DIRECTED EDUCATIONAL SUMMER PROGRAM WITH 2 HOURS OF FREE MENTORING EACH WEEK FROM JULY 1 THROUGH AUGUST 28

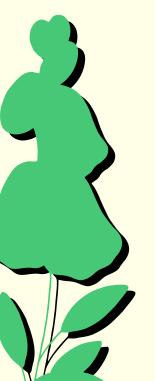
#### A PROGRAM FOR:

LATE HIGH-SCHOOL TO EARLY COLLEGE STUDENTS WITH A PASSION FOR:

GARDENING, COOKING, LEADERSHIP,
OR COMMUNITY BUILDING

APPLICATIONS DUE: JUNE 24, ONE WEEK BEFORE THE START OF THE PROGRAM ON JULY 1

COYOTEKITCHENWORKSHOPS.COM



# WHAT IS HOMESTEADING? WHAT SORT OF PROJECTS ARE WE TALKING ABOUT?

Homesteading is a lifestyle that strives for **self-sufficiency**, and uses tools like **thrift**, **reuse**, and **DIY** to save money and reduce waste. This might include: growing food for yourself and your family, preserving food, or making clothes, tools, or medicine. While the goal of farming is usually to 'grow lots of food and sell it to make money,' the goal of homesteading is more often to 'grow a little food and eat it to save money.'

Here's some example of projects: creating a small food garden in your families yard or on a porch; tending a plot at a community garden; making homemade soaps and selling them; cooking a weekly large meal for your family; foraging for wilds foods, and preserving them for the winter; making homemade pickles or salad dressings; creating photo or film content about these topics; create art that educates people; etc... The sky is the limit!

## WHAT DOES THE PROGRAM LOOK LIKE?

- A free educational and hands-on, skills building opportunity.
- Apprentices will get at least 2 hours each week of private tutoring, coaching, or consulting throughout the program, as I help them with their project.
- Apprentices will not be required to work specific hours, or a specific amount of hours each week; they will be working on their own self-driven projects.
- The program will be 2 months, from the beginning of July to the end of August.

While I cannot directly offer high school or college credit for this program, I would be excited to work with a student's guidance counselor or advisor to help them receive credit for their project, and/or to write them a job reference or college reference.

#### WHO IS THIS PROGRAM FOR?

Late high school students or early college students should apply with a concept for a roughly 2 month long summer project that excites them. I will only be able to take on 2-4 summer apprentices, and I will work with each of them at least 2 hours a week to help them meet their goals and bring their project to life.

## HOW DO WE MEET DURING COVID?

- We can meet in Kingston, Rosendale, or New Paltz outside and socially distant.
- We can work together through Zoom or other similar programs.
- We can work together on the phone.
- Or, some mixture of the above.



#### WHY WOULD YOU WANT TO LEARN FROM ME?

I began farming and homesteading more than 10 years ago, and I have worked on a huge variety of projects over the years — from growing food and selling it at markets; to creating and selling products like teas, soaps, and creams; to creating digital content and teaching workshops on cooking and fermenting. I have also been teaching college students and adults homesteading and fermentation skills for the last 10 years. I have taught locally to college clubs at Bard College and SUNY New Paltz; through the UCCC continuing education program; and through many local organizations. I have many skills that I am excited to share with young folks looking to learn more about:

- Farming, Gardening, Homesteading (or apartment-steading), or Permaculture
- Creating and Selling Food or Health Products: lip balm, pesto, soap, etc.
- Community Building, Community Organizing, Leadership Development
- Private Tutoring, Offering Workshops, Creating Digital Content

#### THE IDEAL APPLICANT IS:

- Passionate about a topic (or topics) that Coyote Kitchen Workshops teaches on.
- Has a strong vision for a project that they would like to create (or expand) this summer.
- Knows what they want to do, are excited to do it, and would benefit from having ongoing weekly support, guidance, skills training, and encouragement.

#### THE IDEAL PROJECT IS:

- Bold and creative, and helps to support our local community during these strange times
- Rooted in social justice and permaculture principles such as 'Fair Share,' 'Care for the Earth,'
  and 'Care for People'
- Builds and uses hands-on skills

# To apply, please answer the following questions, and email to: <a href="mailto:coyotekitchenworkshops@gmail.com">coyotekitchenworkshops@gmail.com</a>

Please answer the following questions, and also include 1 Reference— this can be a reference from a teacher, an employer, or a family member.

#### 1: Who are you?

Share a little bit about yourself, your interests, and your experience.

2: What do you hope to get out of this summer apprenticeship program?

What are the specific skills you need to succeed with this project?

3: Describe the project or goal that you would like support with:

What is the goal of your project?

Do you plan to: Offer services? Create products? Grow produce? Create content?

4: What is it about this project or goal that feels important and meaningful to you?